

## Resources

Below are some resources found helpful by leaders and participants of the Contemplative Community's Online Meditation Chapel.

Organization	Website	Leadership	Mission	Offerings
Online Meditation Chapel	<a href="http://contemplativecommunity.org">contemplativecommunity.org</a>	Al Gustafson in collaboration with the faith communities of Old St. Patrick's, Chicago and St. Margaret Mary, Naperville	We offer virtual meditation chapels, where you can experience the enrichment and community of online contemplation.	<ul style="list-style-type: none"> <li>- "Chapel" prayer opportunities throughout the week, including silent prayer/meditation, lectio divina, and simple faith sharing</li> <li>- Loving Kindness Meditation Mon, 7:30 pm</li> <li>- The Hope - Happy Half Hour Thurs, 5 pm</li> <li>- <a href="#">YouTube Channel</a></li> </ul>
Bellarmino Jesuit Retreat House	<a href="http://jesuitretreat.org">jesuitretreat.org</a>	Ministry Team, Fr. Michael Sparough, SJ and Jesuit Retreat Masters	To foster the spiritual development of Catholics and other people of faith through a variety of retreats and contemporary programs that are grounded in the <i>Spiritual Exercises</i> of St. Ignatius of Loyola.	<ul style="list-style-type: none"> <li>- Numerous day, weekend and group retreats</li> <li>- Day-long reflection programs</li> <li>- Recorded video reflections</li> <li>- Daily email</li> </ul>
Benedictine Sisters of Erie, PA	<a href="http://monesteriesoftheheart.org">monesteriesoftheheart.org</a>	Joan Chittister, O.S.B.	A web-based movement sharing Benedictine spirituality with contemporary seekers	<ul style="list-style-type: none"> <li>- weekly formation in the core elements of Benedictine life—prayer, lectio (sacred reading), good works, study and community</li> <li>- E-newsletter &amp; Blog</li> <li>- E-courses</li> <li>- daily prayer and spiritual practices</li> </ul>
Bible Gateway	<a href="http://biblegateway.com">biblegateway.com</a>		A searchable on-line Bible	<ul style="list-style-type: none"> <li>- passage look-up</li> <li>- keyword search</li> <li>- topical index</li> <li>- multiple translations</li> </ul>
Center for Action and Contemplation	<a href="http://CAC.org">CAC.org</a>	Richard Rohr, OFM	Open the door for a critical mass of spiritual seekers to experience the transformative wisdom of the Christian contemplative tradition and nurture its emergence in service to the healing of our world.	<ul style="list-style-type: none"> <li>- Email Community</li> <li>- Daily Reflections</li> <li>- Podcasts</li> <li>- Online Education</li> <li>- Events</li> </ul>

Contemplative Outreach Chicago	<a href="http://centeringprayerchicago.org">centeringprayerchicago.org</a>	Alan Krema	A chapter of Contemplative Outreach, Ltd., an international spiritual network, dedicated to teaching Centering Prayer and supporting those on this Journey.	<ul style="list-style-type: none"> <li>- prayer groups</li> <li>- events/programs/retreats</li> <li>- newsletter</li> <li>- resources for growing deeper in contemplative prayer</li> </ul>
Contemplative Outreach	<a href="http://ContemplativeOutreach.org">ContemplativeOutreach.org</a>	Shared leadership	A spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel.	<ul style="list-style-type: none"> <li>- prayer opportunities</li> <li>- programs &amp; webinars</li> <li>- retreats / workshops</li> <li>- on-line classes</li> <li>- word of the week subscription</li> <li>- training</li> <li>- Twelve Step</li> <li>- additional resources</li> </ul>
Creighton University – Online Ministry	<a href="http://onlineministries.creighton.edu/">onlineministries.creighton.edu/</a>	Jesuit Community	Provide spiritual formation opportunities that strengthen personal and communal growth.	<ul style="list-style-type: none"> <li>-- Daily Meditations</li> <li>-- Online retreat</li> <li>-- Stations of the Cross</li> <li>-- Prayer guides</li> <li>-- Ignatian spirituality</li> </ul>
Insight Timer	<a href="http://InsightTimer.com">InsightTimer.com</a>	Wealth of teachers/leaders in various fields	Offers thousands of options to support those who meditate	<ul style="list-style-type: none"> <li>-- Timer</li> <li>-- Guided meditations</li> <li>-- Sleep support</li> <li>-- 400 Courses; 10 mins/day</li> <li>-- Music tracks</li> <li>-- Parent section for kids</li> <li>-- Connection to others who meditate</li> </ul>
Old St. Patrick's Church, Chicago	<a href="http://OldStPats.org">OldStPats.org</a>	Fr. Tom Hurley, Pastor	Encounter the God who loves you. Engage the community who welcomes you. Serve the world that needs you.	<ul style="list-style-type: none"> <li>- Community</li> <li>- Service</li> <li>- Justice</li> <li>- Spirituality</li> </ul>
Omega Center	<a href="http://OmegaCenter.info">OmegaCenter.info</a>	Ilia Delio, OSF	Explore the divine as an awareness of God's loving, dynamic presence; a holistic vision—integrating spirituality, science, & contemplation- open to all faiths.	<ul style="list-style-type: none"> <li>- Newsletter/Magazine</li> <li>- Groups</li> <li>- Videos</li> <li>- Workshops/Webinars</li> <li>- Conference</li> </ul>

Ron Rolheiser, OMI	<a href="http://RonRolheiser.com">RonRolheiser.com</a>	Ron Rolheiser, OMI		<ul style="list-style-type: none"> <li>- E-letter</li> <li>- Articles</li> <li>- Interview</li> </ul>
Spirituality & Practice: Resources for Spiritual Journeys	<a href="http://SpiritualityandPractice.com">SpiritualityandPractice.com</a>	Frederic and Mary Ann Brussat	A multifaith and interspiritual website, devoted to resources for spiritual journeys.	<ul style="list-style-type: none"> <li>- Enewsletter</li> <li>- Blog</li> <li>- Online Classes</li> <li>- Wealth of resources on spiritual practices, films, books, prayer</li> <li>- Daily practices, readings, quotes, and teacher of the day</li> </ul>
St. Margaret Mary, Naperville	<a href="http://SMMP.com">SMMP.com</a>	Fr. Paul Hottinger, Pastor	We provide many opportunities to learn about our faith and become more faithful followers of Christ.	<ul style="list-style-type: none"> <li>- Prayerful celebrations</li> <li>- Educational activities for all ages</li> <li>- Service opportunities</li> </ul>