

Resources

Below are some resources found helpful by leaders and participants of the Contemplative Community's Online Meditation Chapel.

Organization	Website	Leadership	Mission	Offerings
Online Meditation Chapel	contemplativecommunity.org	Al Gustafson in collaboration with the faith communities of Old St. Patrick's, Chicago and St. Margaret Mary, Naperville	We offer virtual meditation chapels, where you can experience the enrichment and community of online contemplation.	<ul style="list-style-type: none"> - "Chapel" prayer opportunities throughout the week, including silent prayer/meditation, lectio divina, and simple faith sharing - Loving Kindness Meditation Mon, 7:30 pm - The Hope - Happy Half Hour Thurs, 5 pm - YouTube Channel
Bellarmino Jesuit Retreat House	jesuitretreat.org	Ministry Team, Fr. Michael Sparough, SJ and Jesuit Retreat Masters	To foster the spiritual development of Catholics and other people of faith through a variety of retreats and contemporary programs that are grounded in the <i>Spiritual Exercises</i> of St. Ignatius of Loyola.	<ul style="list-style-type: none"> - Numerous day, weekend and group retreats - Day-long reflection programs - Recorded video reflections - Daily email
Benedictine Sisters of Erie, PA	monesteriesoftheheart.org	Joan Chittister, O.S.B.	A web-based movement sharing Benedictine spirituality with contemporary seekers	<ul style="list-style-type: none"> - weekly formation in the core elements of Benedictine life—prayer, lectio (sacred reading), good works, study and community - E-newsletter & Blog - E-courses - daily prayer and spiritual practices
Bible Gateway	biblegateway.com		A searchable on-line Bible	<ul style="list-style-type: none"> - passage look-up - keyword search - topical index - multiple translations
Center for Action and Contemplation	CAC.org	Richard Rohr, OFM	Open the door for a critical mass of spiritual seekers to experience the transformative wisdom of the Christian contemplative tradition and nurture its emergence in service to the healing of our world.	<ul style="list-style-type: none"> - Email Community - Daily Reflections - Podcasts - Online Education - Events

Contemplative Outreach Chicago	centeringprayerchicago.org	Alan Krema	A chapter of Contemplative Outreach, Ltd., an international spiritual network, dedicated to teaching Centering Prayer and supporting those on this Journey.	<ul style="list-style-type: none"> - prayer groups - events/programs/retreats - newsletter - resources for growing deeper in contemplative prayer
Contemplative Outreach	ContemplativeOutreach.org	Shared leadership	A spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel.	<ul style="list-style-type: none"> - prayer opportunities - programs & webinars - retreats / workshops - on-line classes - word of the week subscription - training - Twelve Step - additional resources
Creighton University – Online Ministry	onlineministries.creighton.edu/	Jesuit Community	Provide spiritual formation opportunities that strengthen personal and communal growth.	<ul style="list-style-type: none"> -- Daily Meditations -- Online retreat -- Stations of the Cross -- Prayer guides -- Ignatian spirituality
Insight Timer	InsightTimer.com	Wealth of teachers/leaders in various fields	Offers thousands of options to support those who meditate	<ul style="list-style-type: none"> -- Timer -- Guided meditations -- Sleep support -- 400 Courses; 10 mins/day -- Music tracks -- Parent section for kids -- Connection to others who meditate
Old St. Patrick's Church, Chicago	OldStPats.org	Fr. Tom Hurley, Pastor	Encounter the God who loves you. Engage the community who welcomes you. Serve the world that needs you.	<ul style="list-style-type: none"> - Community - Service - Justice - Spirituality
Omega Center	OmegaCenter.info	Ilia Delio, OSF	Explore the divine as an awareness of God's loving, dynamic presence; a holistic vision—integrating spirituality, science, & contemplation- open to all faiths.	<ul style="list-style-type: none"> - Newsletter/Magazine - Groups - Videos - Workshops/Webinars - Conference

Ron Rolheiser, OMI	RonRolheiser.com	Ron Rolheiser, OMI		<ul style="list-style-type: none"> - E-letter - Articles - Interview
Spirituality & Practice: Resources for Spiritual Journeys	SpiritualityandPractice.com	Frederic and Mary Ann Brussat	A multifaith and interspiritual website, devoted to resources for spiritual journeys.	<ul style="list-style-type: none"> - Enewsletter - Blog - Online Classes - Wealth of resources on spiritual practices, films, books, prayer - Daily practices, readings, quotes, and teacher of the day
St. Margaret Mary, Naperville	SMMP.com	Fr. Paul Hottinger, Pastor	We provide many opportunities to learn about our faith and become more faithful followers of Christ.	<ul style="list-style-type: none"> - Prayerful celebrations - Educational activities for all ages - Service opportunities